

November 1, 2017
Newsletter #3
<http://southslope.sd41.bc.ca>

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School Growth Plan

– Areas of Focus

- Reading Comprehension
- Social Responsibility

Individual Highlights:

1. In Flanders Field
2. Me to We
2. Sleep (How much is needed)
2. Pumpkin Patch
3. Library News
4. IAK Foundation
 - pilot project
5. Continue of IAK
5. Jr. Chess Championship
5. Cross Country Team

Principal – Mrs. M. Perez
Vice Principal – Ms. M. Paris

Head Teachers – Mrs. Fierro and Ms. Zuvic
Secretaries – Ms. T. Jang and Ms. K. Block



In Flanders Fields the poppies blow... Between the crosses, row on row...

When Lieutenant-Colonel John McCrae penned these haunting words in the spring of 1915 he could never have anticipated what a powerful and inspiring symbol the red flowers would become. Thanks to his poem, poppies quickly came to represent both gratitude and hope for Veterans and survivors of the First World War.

Hand-made poppies were first offered for sale in 1920 when a French woman, Madame Guerin, used them to raise funds to support destitute children in war-torn areas of France. Following her example, the Great War Veterans' Association (the predecessor of The Royal Canadian Legion) officially adopted the poppy as its Flower of Remembrance in 1921. Their first hand-made blooms were sold in November 1921 with proceeds benefiting wounded Veterans.

Decades later, the tradition of wearing poppies as a sign of respect and thanks for those who have served in uniform continues in Canada and in many parts of the world.

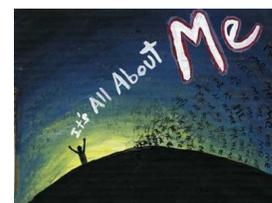
South Slope / BCSD students will be receiving poppies to wear on the day of the Remembrance Day Assembly. Leadership students will be coming around to collect any donations for the Royal Canadian Legion.

On Thursday November 9th SouthSlope / BCSD will be having a Remembrance Day Assembly. We welcome all families to join us for this special assembly.

The assembly will begin promptly at 10:30 am. If you plan to attend we ask that you arrive and are seated before this time. Ms. Fierro, our music teacher will be leading the students through song and ceremony. Students are asked to wear white tops and dark bottoms on this day.

Me to We

On October 18th, South Slope's Grade 7 We Team students, along with many other students from all over the Lower Mainland attended WE Day. WE Day is connected to the yearlong WE Schools program, which offers educational resources and campaigns to help young people turn the day's inspiration into sustained action. Our We Day students will continue fundraising efforts throughout the year and are currently collecting food donations until November 10th..



How much sleep do Elementary school aged children require?

The National Sleep Foundation reports the following:

Children aged six to 13 need 9-11 hours of sleep. At the same time, there is an increasing demand on their time from school (e.g., homework), sports and other extracurricular and social activities. In addition, school-aged children become more interested in TV, computers, the media and Internet as well as caffeine products – all of which can lead to difficulty falling asleep, nightmares and disruptions to their sleep. In particular, watching TV close to bedtime has been associated with bedtime resistance, difficulty falling asleep, anxiety around sleep and sleeping fewer hours.

To improve your child's sleep, try these sleep tips recommended by Education World®

Make sleep a healthy priority in your family's busy schedule.

Set appropriate and consistent bedtimes for yourself and your children, and stick to them.

Know how your child is using electronics in the bedroom. Create a plan for appropriate use at night and set boundaries about use before and after bedtime.

Educate yourself and your child on how light from electronic device screens can interfere with sleep.

Talk to your child about the importance of sleep for health and well-being.

Talk to your child's teacher(s) about your child's alertness during the day. Let your child's teacher(s) know that you want to be made aware of any reports of your child falling asleep in school.

Remember that you are a role model to your child; set a good example.

Create a sleep-supportive bedroom and home environment, dimming the lights prior to bedtime and controlling the temperature

Try to encourage activities such as reading or listening to music before bedtime instead of watching TV, playing video games or surfing the Web.

Make sure children's activities, including homework, can be completed without interfering with bed-times.

A Pumpkin Patch at South Slope/BCSD

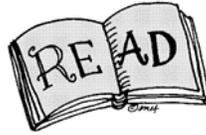


On Friday, October 27th, our school field was transformed into an amazing Pumpkin Patch! Students participated in the day by visiting the patch, enjoying popcorn and juice and selecting a pumpkin to take home. Thank you to the Revitt Family for making this a successful day for all.

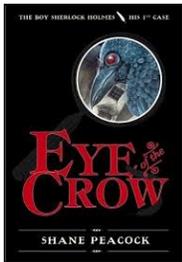
Students also participated in a Halloween Costume parade and many classes had parties at the end of the day. Fun was had by all.

Library News: November 2017

Reading Club- On Nov. 14th we will forms on or after this date and pick up will continue to be to read for fun. Re-pleasure, read what they like and read Parents can help by encouraging their child to read every day (or be read to) for a **minimum of 15 minutes** and then sign the reading record form.

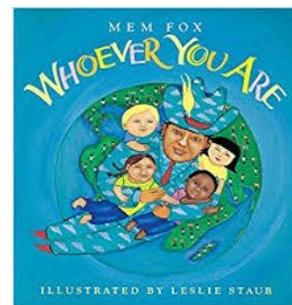
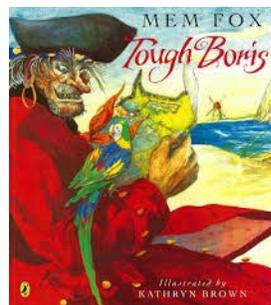
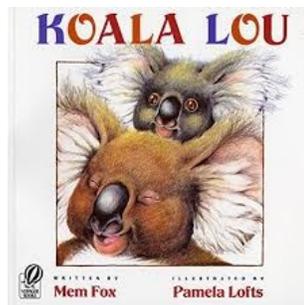


reach 50 nights of Reading. Please return your your new 100 night form. This year our focus search has shown that children who read for often, do significantly better in school and in life.



Author Visit- On October 30th author Shane Peacock visited our school. He told us that as a young child he didn't really like to read, but he loved stories. He told us to read what we're interested in and also write what we're interested in. We also learned about an amazing Canadian, The Great Farini, and how he crossed Niagara Falls. Mr. Peacock read his picture book, *The Artist and Me*, to some of the classes. He also read from *Death in the Air*, the second in the Boy Sherlock Holmes series, and left us wanting to hear more. Come and check out his books from the library!

Global Read Aloud (GRA)- In October many classes have been reading books by Mem Fox in the library. She is one of the Global Read Aloud authors for 2017. During our last assembly we read Whoever you are in English and ASL. We are joining over 600,000 other kids around the world as they read her books. For more information about the GRA, go to: <https://theglobalreadaloud.com/> Here are some of the books we've read:



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Check out the library blog for more information and updates throughout the year. You can access it from the school website or go to: <http://blogs.sd41.bc.ca/southslope-library/>

Use your smartphone or tablet to find us too!



Questions? Comments? Please come and see me in the library. If you would like to volunteer to help in the library, please let me know.

“The more that you read, the more things you will know. The more that you learn, the more places you'll go.” Dr. Seuss *I Can Read With My Eyes Shut!*

October 20, 2017



This month Ms. Kelly's grade 4/5 class from South Slope Elementary were given a wonderful opportunity to participate in the IAK Foundation's first pilot Project called the IAK Splat Campaign.

The Intentional Acts of Kindness (IAK) Foundation's mission is to inspire and support youth to purposefully increase caring and kindness in our communities. By providing funds, guidance, and leadership, IAK aims to foster opportunities for youth to be instrumental in building positive communities.

For the initial launch South Slope students were asked to brainstorm and plan an intentional act of kindness for another community group. After many ideas and several days later, the class decided they wanted to surprise another group of Grade 4/5 students with an Ice Cream Party; they decided the recipients would be a grade 4/5 class at Edmonds Elementary.

This intentional act of kindness involved planning a shopping list, buying the ingredients and assigning various roles to each student. Students enthusiastically embraced this idea of giving without getting anything in return. In fact they were under the impression there would not be any Ice Cream for them and it was solely about the other students.

The South Slope Students set up their surprise Ice Cream stations in the gym and quietly waited for the first Edmonds class to arrive. As the surprised Edmonds students entered the gym they were paired up with South Slope students and conversations were immediately initiated via prepared IAK questions and greeting cards. It was so heart-warming to see these conversations and friendships blossoming before our eyes as it was entirely student-led with no adult support required. The paired students have now become pen pals allowing them to communicate throughout the year.

As the South Slope students served the two planned Edmonds classes they couldn't get enough. The South Slope students began to chant "Let's give more! Let's give more! Let's give more". The adults decided that was a great idea...and the South Slope students served 4 additional classes. In fact, the more kids they served the louder and happier they got. Adults in the room were so touched by this tears were shed.

Once the last Edmonds class had left, the adults surprised the South Slope kids by serving them ice cream. The south slope students had no idea this was coming.



All in all it was a wonderful and unique experience for both the South Slope students and the IAK Foundation. Furthermore, the Edmonds recipients now have a chance to start the process all over again and come up with their own "IAK Splat" idea. As for the South Slope Students this experience has opened their eyes to the intentional acts of kindness that go beyond the regular every day courtesies. They can't wait to do their next group IAK Splat!

IAK—Continued



2017 BC Junior Chess Championship
At Richmond Lansdowne Centre Nov 11-13, 2017
Open to all BC Juniors (born after Jan 1, 1998)

Register Now!! Registration and Details at:
<http://chess2inspire.org/bc-junior-championship-tournament-2017>

Cross Country Team

Congratulations to our Cross Country participants on a great running season! Our small but strong group of grade 3 to 6 cross country runners showed dedication running early in the morning and continuing after school at our meets. Way to go runners! See you in the spring for Track! A big thank you to Ms. Cheung and Ms. Hinestrosa for coaching this activity. We appreciate their hard work and ded-

